



Bryniau Clwyd a  
Dyffryn Dyfrdwy  
Tirwedd  
Cenedlaethol



Pontcysyllte  
Safle Treftadaeth Y Byd  
World Heritage Site

Clwydian Range  
and Dee Valley  
National  
Landscape

# Built Heritage: Bridges

## Dee Valley Dance Pack - Guidance for Teachers

### Learning Objectives

As a trio, create a short dance depicting the different bridges.

### Success Criteria

- Perform different bridge shapes linking your bodies and flowing movements to show the waterways.
- Work with others to create and perform.
- Use different dynamics and levels to make the dance more interesting.

### Time needed for activity

1 Classroom Lesson  
1 Music and Movement Lesson

### Location

Open space, in hall or outside

### Resources and Equipment

- Hoops
- Printed images of the bridges the students researched
- Internet access
- Large screen
- **Music:** Monkeys Spinning Monkeys by Kevin Macleod and First Class by Henry Jackson

### Brief for Teacher

#### Starter Activity

- Work through the **Built Heritage: Bridges Classroom Lesson** Powerpoint





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## Warm Up

### Pass the Hoop

Remind pupils of the importance of warming the body up before exercise.

#### Recap

In the Pontcysyllte Aqueduct and Canal World Heritage Site, the River Dee passes over the manmade Horseshoe Falls weir, before picking up speed on a downhill gradient flowing under the King's Bridge arches at Berwyn and the historic Chainbridge. It then flows on towards Llangollen and an area known as town falls and under the historic Llangollen Bridge and onwards underneath the Aqueducts, railway bridges and into England.

- Students and teacher to stand in a circle holding hands.
- The teacher will have the hoop on one shoulder. Explain that the goal of this activity is to pass the hoop (bridge) completely around the circle as quickly as possible, without breaking the handholds
- Each pupil can use their own creative way to get through the hoop.
- Could this warm up activity represent a bridge over the river Dee? If so which one could it be?

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## Dance

**Music:** Monkeys Spinning Monkeys by Kevin Macleod

- Provide students with the printed images of the variety of bridges.
- Encourage them to look at the shapes, patterns, colours of the bridges and think about the journey of river or canal beneath them and the types of transport using them to cross the water.
- Watch the Pontcysyllte Aqueduct and Canal World Heritage 10-year celebration film. Look out for the group of teenagers at the end celebrating the canal and aqueduct through interpretive dance. <https://vimeo.com/427038297>
- In groups of three pupils can create a short dance (known as a trio when there are 3 dancers) depicting the different bridges, using their bodies to make the shapes and flowing movements to show the waterways. Optional perform to the rest of the class.

#### Reflection

- Were there any repeated movements in the dances or similarities between different performances?
  - How did the dance make them feel? (You could do this verbally or written on paper to inform next lessons).
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## Cool Down

### What Can You See by the Dee?

Remind pupils of the importance of cooling the body down after exercise.

**Music:** First Class by Henry Jackson

- Pupils to walk around the room in different directions.
- The teacher will call one key feature from the list and the pupils will create the shape with the nearest person and hold the shape until the teacher commands go.
- Continue to call different commands:

- |                                |                                 |                                 |
|--------------------------------|---------------------------------|---------------------------------|
| <input type="radio"/> bridge   | <input type="radio"/> rocks     | <input type="radio"/> dragonfly |
| <input type="radio"/> tree     | <input type="radio"/> canoeist  | <input type="radio"/> train     |
| <input type="radio"/> otter    | <input type="radio"/> sheep     | <input type="radio"/> heron     |
| <input type="radio"/> waterway | <input type="radio"/> mountains |                                 |

### Development

- Challenge the pupils to travel in different ways, whilst moving around the space between the commands. Run, gallop, tip toes reaching high, walking backwards.
- Try increasing the group size as the game progresses.

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## Reflection

Reflect individually by completing one of the sentences verbally:

- The thing that really helped me today was...
- To improve I could...
- Next time I could...
- The thing I found most difficult was...

Reflect as a class: would it be helpful to continue to develop this lesson content in another lesson?

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Looking for more learning resources and information?

**[www.clwydianrangeanddeevalleyaonb.org.uk](http://www.clwydianrangeanddeevalleyaonb.org.uk)**